

MIRPURKHAS

Over 45 gas meters stolen

MIRPURKHAS: More than 45 gas meters have reportedly been stolen across Mirpurkhas in the past month, with Satellite Town and Mahmoodabad emerging as hospots as residents accuse organised groups of targeting meters outside homes during the night and early morning. OUR CORRESPONDENT



MOTOR SLIPS

Dog dodge claims youth's life

MORE: A politically and socially active young man was killed and his companion seriously injured when their motorcycle crashed while swerving to avoid a stray dog near Lowari Sharif on the Badin-Lowari Sharif Road on Tuesday. Investigation is underway. OUR CORRESPONDENT

KARACHI

Political pressure drives Lyari varsity VC to call it quits

Sustained pressure, protests, interference in key decisions cited

SAFDAR RIZVI
KARACHI

Political pressure and mounting interference in administrative affairs have allegedly prompted Benazir Bhutto Shaheed University Lyari Vice Chancellor Prof Dr Hussain Mehdi to quit, with his resignation exposing a widening dispute over the reinstatement of dismissed employees and the running of the university.

Dr Mehdi has sent his resignation to Sindh Chief Minister Syed Murad Ali Shah, the university's controlling authority, but said he would continue performing his duties until the resignation is formally accepted.

The resignation follows a growing dispute at the university that reportedly began during a Syndicate meeting over the case of a dismissed employee and has since escalated into protests, allegations and demands for the removal of the registrar.

According to university sources, the controversy erupted during a heated exchange between PPP leader and Sindh MPA Yousuf Baloch and Associate Professor Dr Ibrahim Noorani over the case of a dismissed employee. A group of university employees has since been protesting for three days against the registrar and demanding his removal, alleging that he is affiliated with a political party.

In a video statement, Noorani, the associate professor in the Department of Public Administration and a Syndicate member, accused Baloch of bringing Tanveer Soomro, whom he described as a "ghost employee" dismissed by the university, into the Syndicate meeting and attempting to secure the reinstatement of employees removed over alleged misconduct and corruption.

Following Noorani's roughly 12-minute video statement, the university administration issued him a show-cause notice over his allegations against the MPA. Dr Mehdi confirmed his resignation and said disciplinary action had been taken against more than 15 employees on various charges. He said some had been accused of consuming drugs on the university premises, while others were classified as ghost employees or were accused of being absent from duty. He added that the Chief Minister's House had directed the university to take action in some cases.

In his resignation, the vice chancellor said the university had made "significant progress" over the past 18 months in financial management, faculty development, academic activities, infrastructure and institutional development.

However, he said, a group of employees apparently motivated by political considerations had been creating unrest and exerting sustained pressure on the administration through protests and demands.

The situation, he said, had reached a point where pressure was being exerted for the registrar's resignation, describing it as a serious concern for the institution. Dr Mehdi maintained that administrative appointments and decisions should be made by competent legal authorities in accordance with applicable laws and rules. If such decisions were instead dictated by employee pressure, he warned, the authority of the university's statutory bodies would be weakened and an inappropriate precedent would be set for future administration.

He said the continuing pressure and disruption had significantly affected the functioning of the university administration and made it increasingly difficult for him to discharge his responsibilities effectively as vice chancellor.

Dumlottee-DHA water project launched at Rs14b

Scheme to supply 10 million gallons daily, reduce reliance on tankers

OUR CORRESPONDENT
KARACHI

A Rs14 billion project to supply 10 million gallons of water daily to Defence Housing Authority (DHA) and Clifton residents was formally launched on Tuesday, with officials saying the scheme would reduce the upscale areas' dependence on water tankers.

The groundbreaking ceremony for the Dumlottee-DHA water supply project was held in Phase VI in the presence of Sindh Local Government Minister Nasir Hussain Shah, Karachi Mayor Murtaza Wahab, representatives of DHA and Cantonment Board Clifton and other officials.

The project is expected to be completed in 18 months, although Mayor Wahab expressed hope that water supply would begin by September next year. The Frontier Works Organisation (FWO) has been tasked with executing the scheme.

Under the project, water drawn from Dumlottee will be filtered before being pumped through an 800mm HDPE transmission main to a DHA reservoir. Officials said the system would have a capacity of 10 million gallons per day.

Speaking at the ceremony, Minister Nasir Shah said the provincial government had allocated Rs14 billion for the long-awaited project. He described the scheme as part of the government's development agenda and expressed confidence that the FWO would complete it ahead of schedule.

Mayor Wahab said the project would benefit millions of DHA residents, adding that similar promises had been made in the past but had not materialised.

Project Director Colonel (retd) Arshad said the scheme would include integrated filtration and pumping infrastructure and a centralised SCADA system to monitor the network and help prevent water theft and leakage. He said the new piped supply was aimed at reducing DHA's reliance on water tankers and improving the reliability and quality of water supplied to the area.

INFECTIOUS DISEASE

1,087

cases of malaria have been reported in Karachi division so far this year, according to Health Department statistics. OUR CORRESPONDENT

Court orders challan against Pinky

KARACHI: An anti-narcotics court has granted the investigating officer additional time to submit a supplementary charge sheet in a seven-year-old drug case against alleged cocaine dealer Anmol alias Pinky and directed him to file it at the next hearing. Accused Pinky was produced before the court through video link by jail authorities. Co-accused Nasir did not appear before the court. The court also sought a report regarding absconding accused Naseema Bibi. According to the prosecution, accused Nasir and Naseema were arrested by the anti-narcotics force in 2019, and drugs were recovered from their possession. The prosecution alleged that the drugs had been supplied by Anmol Pinky. The court had closed the case in 2022 due to Pinky's non-arrest. It was reopened in May this year following her arrest. OUR CORRESPONDENT

Woman, toddler injured in bike mishap

KARACHI: A woman and a two-year-old child were injured after the woman's burqa entangled in the chain of a moving motorcycle near Peoples Chowrangi on MA Jinnah Road. The woman and the child fell on the road and sustained injuries. Several women passing by stopped immediately after the accident and came forward to help the injured woman and child. Similar incidents involving clothing getting caught in motorcycle chains have occurred in the past, some of which have resulted in fatal accidents. OUR CORRESPONDENT

Stray bullet injures minor girl

KARACHI: An eight-year-old girl was injured when a stray bullet fired from unknown direction hit her when she was in the house in Orangi Town. The girl sustained a gunshot wound to her chest. She was rushed to Abbasi Shaheed Hospital, where she was identified as Sabiha. OUR CORRESPONDENT

Protest against re-take exams

KARACHI: Nursing students affiliated with the Dow University staged a protest against the re-take examinations for Semester IV. According to the protesters, around 1,900 students appeared in the examination, of whom 1,400 were declared failed in one subject. A large number of failures in English Literature sparked strong protests among nursing students, who demanded cancellation of the existing schedule for the re-take examinations. The students called for postponing the re-take examinations to allow them more time for preparation. They also demanded an extension in the deadline for submission of examination fee. The protesters further called for a reduction in the re-take examination fee to ease the financial burden on students. OUR CORRESPONDENT

AI query on 'how to kill' fictional character lands youth in trouble

OUR CORRESPONDENT
KARACHI

What began as a fictional murder plot for a crime story landed a PECHS resident in the middle of a real-life investigation after his questions to an artificial intelligence platform were flagged as suspicious and reportedly shared with America's Federal Bureau of Investigation.

The young man was scripting a fictional scenario in which a police officer had allegedly insulted his father when he turned to AI for advice on what action could be taken against the character, including asking how the fictional victim could be killed, according to National Cyber Crime Investigation Agency (NCCIA).

The queries were flagged by the platform's safety system on September 4 as suspicious. The information was subsequently passed to the FBI, which shared it with Pakistani authorities, prompting the NCCIA to detain the youth.

During the investigation, the youth told authorities that no such incident involving his father had actually occurred and that he had no plans to kill anyone. He said he had been working on a fictional crime story that he had created himself.



CRAVING THE CHAR: A vendor roasts a whole chicken saji over open flames, turning it slowly as the skin chars to a smoky golden crisp. Amid the heat, smoke, and familiar bustle of Karachi's legendary food street, it's a delicious ritual of patience, fire, and flavour. PHOTO: FAIAZ QURESHI/EXPRESS

TENDER NOTICE

PURCHASE OF MEDICAL EQUIPMENT FOR ADP SCHEME (ESTABLISHMENT OF PUNJAB INSTITUTE OF DIABETES AND ENDOCRINOLOGY AT SERVICES HOSPITAL LAHORE)

For 2026-2027

The Competent authority of SIMS/ Services Hospital, Lahore, invites bids from the eligible firms through Punjab e-procurement System. Detail is as under:

Sr No	Tender Detail	Total Estimated Cost (PKR)	Earnest Money
01	PURCHASE OF MEDICAL EQUIPMENT FOR ADP SCHEME (ESTABLISHMENT OF PUNJAB INSTITUTE OF DIABETES AND ENDOCRINOLOGY AT SERVICES HOSPITAL LAHORE)	As per List	3% of the given estimated cost

1. e-Bids are invited from Bidders i.e. manufacturers / sole agents / Authorized Agents of foreign principals engaged in trading, registered on Punjab e-Procurement System and with relevant Registration Authorities and Tax Departments/ Authorities by SIMS/Services Hospital, Lahore hereinafter referred to as "Procuring agency" in this bidding document and future correspondences. The e-Bids shall be received as per single stage two envelope bidding procedure as per PPR-2014.
2. Bidding document containing detailed specifications and terms & conditions, in the English language are immediately available after date of publication which can also be downloaded from Punjab Procurement Regulatory Authority http://ppra.punjab.gov.pk, Punjab e-Procurement System (www.eg.punjab.gov.pk).
3. e-Bids shall be submitted Online on or before 29-10-2026 at 11:00 AM on Punjab e-Procurement System (www.eg.punjab.gov.pk). The Vendors are encouraged to get them registered on Punjab e-Procurement System to enable them for participation. The registered bidders / firms have to upload the bidding documents including requisite copies of the documents mentioned in the bidding documents and Bid security equivalent to 3% of the estimated procurement value shall be submitted electronically through the Punjab e-Procurement System (www.epprocure.punjab.gov.pk) in the manner prescribed by the e-Procurement System. No physical financial instrument, including a Call Deposit Receipt (CDR), Pay Order (PO) or Bank Guarantee shall be accepted. Only Bid Security submitted electronically through the Punjab e-Procurement System shall be considered valid. The e-Bids submitted till the stipulated date and time will be opened on the same day at 11:30 AM in the presence of the Bidders' representatives who may choose to be present at the address below. Interested eligible Bidders may obtain further information from the Purchase Section at the address given below before the bid opening date within working hours. Bid Validity is 180 days from the date of opening of bids. Late Bids shall be rejected. Hard Copies of e-Bids are not required. The procuring agency shall not be responsible for any failure on the part of firms to submit an e-Bid or account of any technical error or internet failure.
4. The bidders / firms who have offered the bids would attend the Committee Room, Basement Surgical Block, Services Hospital, Jail Road, Lahore, whereon the E-bids submitted by the firms or their authorized representatives would be retrieved in the presence of the Tender Opening Committee at the opening date & time.
5. Bidding Documents are immediately available after date of publication. The Bidding Document carrying all details can also be downloaded from Punjab Procurement Regulatory Authority http://ppra.punjab.gov.pk and Punjab e-Procurement System (www.eg.punjab.gov.pk).
6. SERVICES HOSPITAL, Lahore will not be responsible for any cost or expense incurred by Bidders in connection with the preparation or submission of Bids. In the case of an official holiday on the day of submission, the next day will be treated as closing date.
7. Procurement shall be governed by Punjab Procurement Rules 2014 (amended) and Punjab Procurement Regulations 2024.
8. Pre-bid meeting has been scheduled for 06-10-2026 at 11:00 am in the committee room of Services Hospital, Lahore. Minutes of pre-bid shall be uploaded on the website of Punjab e-Procurement System (www.eg.punjab.gov.pk) within 05 days which will be considered as addendum to bidding documents.
9. The detailed conditions are available in the Bidding Document.

NOTE:
The URL of the website of the PPRA is (http://epreo.punjab.gov.pk/ViewTender.aspx) and response time shall be calculated exclusively from the date of publication of the advertisement on the website of the PPRA.

IPL-10285

MEDICAL SUPERINTENDENT SERVICES HOSPITAL, LAHORE.

'Healthy' Pakistanis turn out to be walking heart risks

National study flags high BP, diabetes, obesity among adults

AYESHA KHAN ANSARI
KARACHI

A nationwide health study has found a strikingly high burden of heart-disease risk among Pakistanis who considered themselves healthy, with nearly half showing high blood pressure, around one-third diabetes, 70 per cent elevated cholesterol and up to 80 per cent obesity - raising fresh concerns over cardiovascular disease striking at increasingly younger ages.

The preliminary findings of the Pak Sehat Study were presented at a seminar held at the University of Karachi's Faculty of Pharmacy and Pharmaceutical Sciences in connection with World Heart Day. The event was organised in collaboration with the Pakistan Cardiac Society and PharmEvo.

Tabba Heart Director Dr Bashir Hanif said the study had screened around 2,000 people aged 30 to 65 from across Pakistan, with participants selected in proportion to the population of each province.

All participants considered themselves healthy, but their medical histories, physical examinations, blood tests and diagnostic assessments - including CT angiography and ultrasound - revealed multiple previously unidentified risk factors for cardiovascular disease.

The preliminary results showed that around 45 per cent of participants had high blood pressure, 35 per cent had diabetes and nearly 70 per cent had elevated cholesterol levels. Between 72 and 80 per cent were found to be obese.

Dr Hanif said obesity was closely linked with high blood pressure, diabetes and elevated cholesterol, all of which could subsequently increase the risk of heart attacks, strokes and other cardiovascular diseases. He said South Asians tended to develop heart disease at a younger age and that heart attacks were now being reported even among people under 30.

The study, he said, was examining premature narrowing of coronary arteries and associated risk factors among young and middle-aged Pakistanis to determine why cardiovascular disease was emerging at relatively young ages in the country.

Blood samples from all participants have been preserved for genetic analysis, while dietary, environmental and lifestyle factors will also be studied to identify possible causes of premature heart disease. Participants will be followed for the next 10 years, with their medical histories, physical examinations and blood tests repeated at different stages.

کوٹیشنز درکار ہیں

ہیڈکوارٹر فرنٹیئر ورکز آرگنائزیشن (ایف ڈبلیو او) 30 کور (آرمی ایف ڈبلیو او) گوجرانوالہ کینٹ کے لیے درج ذیل سامان کی کوٹیشنز برائے سپلائی مقفل لفافوں میں مہر شدہ تحریری طور پر مدعو کی جاتی ہیں:

(Cattle Feed Items / Construction works)

سپلائی کھلی فیڈ اجزاء (Cattle Feed Items) ملٹری فارمز

ٹینڈر کو کنٹریکٹ 21 اکتوبر 2026ء کو 1130 بجے کھولا جائے گا۔ کوٹیشنز صرف رجسٹرڈ فرموں سے کھولی جائیں گی۔

Ser	Ingredient	ملٹری فارم گوجرانوالہ Qty (Tons)	ملٹری فارم سیالکوٹ Qty (Tons)	ملٹری فارم کھاریاں Qty (Tons)	ملٹری فارم گوجرہ Qty (Tons)	نوٹ
1	Corn Grain	183	194	62	-	فی ٹن کنسائنمنٹ ریٹ ٹیکسز
2	Canola Meal	195	218	93	157	۔۔ایضاً۔۔
3	Sunflower Meal	93	81	44	60	۔۔ایضاً۔۔
4	Molasses	2.5	31	2	15	۔۔ایضاً۔۔
5	DI Calcium Phosphate	12.5	13.5	3	7.5	۔۔ایضاً۔۔
6	Calcium Carbonate	17	13	5	8	۔۔ایضاً۔۔
7	NaCl	22	20	6	11	۔۔ایضاً۔۔
8	Toxin Binder	6.6	6	2.6	4.2	۔۔ایضاً۔۔
9	Rapeseed meal	103	94	44	66	۔۔ایضاً۔۔

تعمیراتی کام (Construction works) ملٹری فارم گوجرانوالہ

ٹینڈر کو کنٹریکٹ 21 اکتوبر 2026ء کو 1230 بجے کھولا جائے گا۔ کوٹیشنز صرف رجسٹرڈ فرموں سے کھولی جائیں گی۔

Name of Work & Location	Estimated Cost
Construction of 5 x Silage Bunkers at Military Farm Gujranwala Cantt	At per cost shown on tender form

شرائط: 1۔ کوٹیشن کے ساتھ قابل واپسی 2% رعایتی بیک کال بیانہ (COR) کی صورت میں جمع کرانا لازمی ہے۔ کامیاب بولی دہندہ کو آرڈر ملنے کے 14 دن کے اندر CDR کے ذریعے کوئی کنٹریکٹ قابل قبول ہوگا۔ 2۔ کوٹیشن مکمل ہونے کی صورت میں کل مالیت کی مزید 3% بطور ٹیکس بھی کاٹا جائے گا۔ 3۔ جملہ اشیاء DGRV&F کی اسٹیٹ پر راولپنڈی پہنچانا ہوگی۔ 4۔ نرخ 90 دن تک قابل قبول ہیں گے۔ 5۔ کمپنی/فرم کو اپنا مکمل این ٹی این اور ایکٹو ٹیکس پیئر (Active Tax Payer List) نمبر اور NTN/STN۔11 کوٹیشن کے ساتھ منسلک کرنا ہوگا۔ 6۔ تمام اشیاء کا سال کے لحاظ سے میعاد کا حامل ہونا اور طلاعت و کمیت (Toxins) سے پاک ہونا ضروری ہے۔ 7۔ مکمل فہرست جس کی تیاری سے کوٹیشن طلب کی جائے گی۔ Specifications جزو ہذا تصور ہوں گی۔ 8۔ کوٹیشن کے ساتھ 1 لاکھ روپے کا پے آرڈر منسلک کرنا ہوگا۔ 9۔ بولی دھندگی کی تکنیکی صلاحیت کے لیے فرم کے ماضی کے ریکارڈ کی جانچ پڑتال کی جائے گی۔ 10۔ نامکمل کوٹیشن کو رد کیا جائے گا۔ 11۔ ٹیکس وغیرہ قوانین کے مطابق ہوگی۔ 12۔ خلاف ورزی کی صورت میں PPRA Rules-2004, Rule No 42 (c) (iv) کے مطابق بلیک لسٹ کیا جائے گا۔ 13۔ نامکمل کوٹیشن بلا اطلاع مسترد کر دی جائے گی۔ 14۔ کوٹیشن PPRA کی ویب سائٹ پر بھی دیکھا جا سکتا ہے۔ 15۔ کوٹیشن کے ساتھ ٹیکس سرٹیفکیٹ لف کرنا لازمی ہے۔ 16۔ کوٹیشن کی مزید تفصیل کے لیے دفتر ہذا سے رابطہ کیا جا سکتا ہے۔

المشتہر
لیفٹیننٹ کرنل برائے کمانڈر
ہیڈکوارٹر ایف ڈبلیو او 30 کور آرمی ایف ڈبلیو او گوجرانوالہ کینٹ
رابطہ نمبر: 0333-8189905